

# Mothers vs. daughters:

## 5 tips to help negotiate your fashion battles

The host of WE tv's *You're Wearing That?!?* offers timely solutions.

BY LAURA HOXWORTH

**W**HETHER THE ARGUMENT is about style, price or modesty, fashion is a huge point of contention between mothers and daughters today. But it doesn't have to be. We talked with Luciene Salomone, personal stylist and host of WE tv's new mother-daughter makeover series *You're Wearing That?!?* (Thursdays, 10 p.m. ET). Drawing from her experiences on the show, as well as in her own life as a mother and a daughter, Salomone offers moms tips on how to turn shopping from an argument into a bonding experience.

**Set a budget.** Before you hit the mall, draw up a budget and make sure your daughter knows exactly what it is. "This will automatically avoid disappointment and unfulfilled expectations," Salomone says. Then stick to it. Hunt for bargains together at outlet malls and thrift shops to teach your daughter that dressing well doesn't have to be expensive.

**No friends allowed.** "Make it clear from the start that this is your special time together and you want it to be just the two of you," Salomone says. "Girls tend to act differently in front of their friends

**If friends come along, girls act differently. Make this a time for just you two.**

than they do with you." Without the added distraction, you're both better equipped to focus on the task at hand.

**Don't hesitate to get help.** If fashion is not your forte, it might be time to enlist some help. Salomone suggests making an appointment with a personal shopper at a department store — it may sound like a luxury, but most stores don't charge. Bringing in an objective

third party is often the best way to defuse emotions and keep everyone on track.

**Do your homework.** Your opinions will carry more weight when you've shown interest in your daughter's fashion sense from the beginning, not just when you don't agree with it. Start by making sure you know what's in her closet. Express your opinion in a positive way by pointing out her favorite celebrities wearing outfits you approve of. And before you tell her what not to wear, be sure to have some alternatives in mind to suggest.

**Make it fun.** Treat shopping trips as a fun outing, not a chore. If the two of you work together to improve your style, it can become something that brings you together. "When you enjoy the time with your daughter, she senses it," Salomone says. And that can make all the difference. **W**



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## HealthSmart

### What to look for

Don't let leukemia sneak up.

**A**DVANCES in medicine have made it possible to fight many forms of leukemia, a cancer that affects the blood cells.

Leukemia occurs when the bone marrow begins to produce abnormal white cells. The aberrant cells then reproduce rapidly, crowding out the production of normal cells.



By DR. TEDD MITCHELL

People can develop anemia, bleeding problems and infections because of the body's inability to produce normal blood cells. The cancerous cells can spread to other parts of the body. Left untreated, leukemia results in death.

If you or a loved one develops several symptoms, especially over a short period of time (weeks), see your doctor.

Because most forms of leukemia can be treated effectively, the sooner a diagnosis is made, the better. **W**

#### Leukemia's symptoms

<b>Fever</b>	<b>Fatigue</b>
<b>Night sweats</b>	<b>Swelling around the neck, under the arms, in the abdomen or in the groin</b>
<b>Bruising occurring without much trauma</b>	<b>Lack of appetite</b>
<b>A tendency to bleed easily</b>	<b>Weight loss</b>
<b>Joint or bone pain</b>	

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